



Bamboo

B U D D H A

VEGETARIAN & VEGAN CAFE

Our aim is to nourish, nurture & inspire.
We use local, seasonal & organic produce where possible.
Our meals are cooked to order and we appreciate your patience during peak times.
We hope you enjoy the Bamboo Buddha experience!
Please visit us at the counter to order

ALL DAY MENU

EGGS YOUR WAY	14	SPICY TOFU SCRAMBLE	19
2 free range eggs poached, fried, or scrambled, baby spinach, mushrooms &, 2 slices of toasted sourdough. (GF available)		Organic tofu scrambled with Kasundi spices, baby spinach, mushrooms, potatoes, cherry tomatoes, chargrilled capsicum & toasted sourdough V (GF avail)	
PANCAKES	22	CHARGRILLED VEG STACK	26
2 x fluffy pancakes, seasonal fruit, ice cream, fruit compote & maple syrup.		Roasted pumpkin, chargrilled eggplant, sundried tomatoes, chargrilled capsicum, rosemary herbed chat potato, balsamic reduction, dukkha & almond feta. V, GF	
TWICE COOKED RISOTTO	24	BAMBOO BUDDHA BURGER	24.50
Roast pumpkin, mushrooms & sun-dried tomato risotto, House pesto & almond feta (GF, V)		Sunflower mince patty, apple slaw & dill pickle. Served with house made wedges	
LOTUS BOWL	24	SHARE THE LOVE PLATE	28
Seasonal Goodness (refer to blackboard)		Chilli beans, vegan sour cream, sweet chilli, guacamole & corn chips. V, GF	
PUMPKIN & PESTO LINGUINI	22	AVO ON TOAST	16
Roasted pumpkin, house pesto, rocket & pine nuts.		Whole avocado, 2 pieces of sourdough, dukkha & balsamic reduction	
CRISPY POTATO WEDGES	11		
House made wedges, sour cream & sweet chilli sauce (GF, V avail)			

ADD-ONS

House Made Wedges/	\$5	Baby Spinach/Cherry Tomatoes/	\$3
Little Creek Cheese Haloumi		Mushrooms/1 slice Toast	
Avocado/Haloumi	\$4	Relish/1 Free Range Egg/Aioli	\$2
		Pesto/BBQ Sauce/Kasundi	

KIDS

PANCAKES	\$12	\$14 GRAZE 'n PLAY PLATE	
One fluffy pancake with fruit, ice cream and maple syrup V, GF		Boiled egg, carrot, cherry tomato, cheese and dried fruit V, GF	
LITTLE BUDDHA BURGER	\$9	\$12 SUNFLOWER SPAGETTI	
Sunflower patty, cheese, house made BBQ sauce		Sunflower mince, Napolitana sauce, cheese	

V - Vegan ◊ GF - Gluten Free Ingredients ◊ DF - Dairy Free ingredients ◊
N - Contains nuts GF bread or roll - add 60c
Dishes are prepared in a kitchen that contains allergens including nuts and wheat. Please let us know of any food allergies.

HOT DRINKS

AMBER ORGANIC COFFEE

espresso, piccolo, macchiato	4
cappuccino, latte, flat white, long	
black	reg 4.40 lge 5
mocha	reg 4.50 lge 5
affogato (espresso w. ice cream)	5
babyccino	1.50

SPECIALTY LATTES

	reg 4.40 lge 5.50
chai (ground spices)	
matcha	
turmeric	
autumn Latte	

HOT CHOCOLATE

	reg 4.40 lge 5.50
milk choc	
dark choc	
french mint	
cinnamon	
orange (v)	

POT OF TEA

for 1 \$5 for 2 \$7.50

English Breakfast, Malabar Chai,
Honeydew Green, Sencha Green,
Chamomile, Lemongrass & Ginger,
Peppermint, Relax & Fruits of Eden

POT OF INFUSED CHAI

with Local Honey
for 1 \$6 for 2 \$8.50

COLD DRINKS

FRESH JUICES

8

Choice of 4: Apple, Beetroot, Carrot,
Celery, Cucumber, Ginger, Lemon, Lime,
Orange, Pineapple (or choose from one
of our cold pressed juices already made
up specials in the fridge)

ICED DRINKS (V Available)

iced long black	5
iced latte	6
iced chocolate	7.50
iced mocha	8
iced coffee	8
iced chai	8
iced coconut chai frappe	8.50

GREEN MACHINE SMOOTHIE 9.50

banana, mango, fresh spinach, coconut
yoghurt & coconut water.

SUNSHINE SMOOTHIE 9.50

mango, pineapple, passionfruit &
coconut water.

FRUIT SMOOTHIES 8.50

mango | banana | berries

frozen fruit blended with milk, yoghurt
& local honey. (V avail)

BOTTLED DRINKS

cold pressed juice	S 4.50 L 5.50
kombucha (various flavours)	5
San Pelligrino sparkling mineral	
	sml 4.50 lge 7.50

SWEET TREATS

CARROT CAKE 9

Berry coulis & whipped cream
(ice cream avail) V

CHOCOLATE FUDGE BROWNIE 9

House Made. Scattered with walnuts & choc
chips. Served warm with vanilla ice cream,
chocolate sauce & strawberries GF, N, DF

CHOCO DATE 6.50

Whole Medjool date covered in chocolate
filled with peanut butter
GF, V, N

BAKED PASSIONFRUIT CHEESECAKE 9

Served with whipped cream.
N, GF

SPICED ORANGE & ALMOND CAKE 9

House made & served warm with orange
syrup & vanilla ice cream.
N, GF, DF

LEMON MYRTLE, MACADAMIA, MANGO AND WHITE CHOCOLATE BROWNIE 6.50

Served with berry coulis and whipped cream
N, GF

Add vegan ice cream 60c | Extra whipped cream or ice cream 60c